Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 06:00 on Thursday 06 Jul 2023 until 23:59 on Friday 07 Jul 2023

Forecast Issued on Thursday 06 Jul 2023 at 04:44 by Met Office Aberdeen

Confidence: High for Thursday and Friday. Medium from Saturday due to changeable conditions.

Headline for Thursday 06 Jul 2023: Low cloud for much of the day. Heavy rain and summit gales later.

Mountain weather hazards on Thursday 06 Jul 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
Low Likelihood

Severe chill effect
No Likelihood

Poor visibility
High Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
Low Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Light rain	Fog	Cloudy	Light rain	Heavy Rain	Heavy Rain
Precipitation probability					
30%	10%	20%	30%	70%	>95%

Forecast for Thursday 06 Jul 2023

Weather: A dull day. Some patchy light rain to start. Soon turning drier but a scattering of showers by the afternoon. Cloud lowering late afternoon with outbreaks of heavy persistent rain pushing in from the west and strengthening winds, severe gales developing over the higher summits in the evening.

Chance of cloud-free hill tops above 800m: 10% or less.

Low Cloud and visibility: Very poor visibility in low cloud and later heavy rain. Cloud bases around 500-600m, lifting to 700-800m in the afternoon, then down to lower slopes in the evening.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Thursday 06 Jul 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	25/31 S	25/31 S	23/29 S	30/38 S	45/57 SE	52/66 SE	45/58 SE
900	18/23 S	19/24 S	17/23 S	22/29 S	32/43 SE	35/48 SE	30/41 SE
600	24/29 S	22/27 S	18/23 S	26/33 S	42/52 SE	51/64 SE	41/53 SE
300	12/18 S	13/18 S	11/17 S	15/22 S	23/33 SE	28/41 SE	22/33 SE
Glen	6/15 S	9/16 S	5/11 S	10/20 S	9/24 SE	19/40 SE	15/33 SE

Height (m)	Temperature / Feels Like (°C)						
1300	4/-2	4/-2	5/-0	5/-2	5/-2	5/-3	6/-0
900	6/2	7/3	8/4	8/4	8/2	7/2	8/4
600	8/4	9/5	10/7	11/7	11/6	11/6	12/6
300	11/8	11/8	12/10	13/10	12/9	12/8	13/10
Glen	12/11	13/12	15/14	15/14	14/13	14/10	15/12
Freezing Level*	1900m	1900m	2000m	2000m	2500m	2800m	2800m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Note strengthening winds, summit gales expected in the evening.

Forecast for Friday 07 Jul 2023
Weather: Windy with outbreaks of heavy rain and low cloud overnight. Rain turning lighter in the morning, but a few heavier outbreaks are possible. Becoming increasingly dry through the afternoon. Clear spells developing in the evening. Very windy with a risk of summit gales for much of the day.

Maximum wind: South 30mph gusting 45mph early morning, increasing to 40 gusting 50-55 mph by late morning.

Chance of cloud-free hill tops above 800m: 10% or less overnight and morning, becoming 80% late afternoon.

Low Cloud and visibility: Very poor visibility in low cloud through the morning and early afternoon, bases often down to lower slopes. Cloud bases gradually lift through the afternoon, with very good visibility by evening.

Temperature: **Glens:** Plus 12 Celsius rising to 22 Celsius in the afternoon
At 800m: Plus 7 Celsius rising to 13 Celsius in the afternoon
Freezing level: Above the summits

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